

## PINEAPPLE, MANGO KIWI



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**Preparation :** 5 min - **Resting :** - - **Cooking :** - - **Equipment :** -

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**Ingredients :** 2 glasses

- 1/2 medium-sized pineapple - 1 kiwi fruit - 1 small mango

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1. Peel the fruit and stone the mango. Cut the flesh into large pieces.
2. Put all the fruit through the Smoothiemix, ending with the pineapple. You can also use the juicer, but the yield will be lower. If you find this juice too thick for your liking, you can dilute it with a little mineral water.

Duo XL ■

Duo Plus XL ■